

FOR IMMEDIATE RELEASE

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Girlfriend Getaways on the Other Side of Orlando

SANFORD, Fla. -- Whether catching up with old friends from across the country, seeking a change of scenery with close confidants, or looking for respite from day-to-day stress, planning a getaway with just the girls is becoming a popular, creative and fun way for friends to reconnect. And with abundant amenities and attractive deals on hotels and B&Bs, Central Florida destination Seminole County proves itself to be a welcoming venue of choice. And whether you fly into hassle-free Orlando-Sanford International Airport or drive, access to Seminole County is a breeze.

Settle within Seminole County's Old Florida

Nestled amid rich historic districts, the bed and breakfasts, such as Higgins House or King's Manor are ready to set the stage for a relaxing weekend with the girls. Alternatively, Seminole County has a selection of affordable hotels, including Embassy Suites in Altamonte Springs, the first 'green-certified' hotel in the area. Visitors can catch up over fresh food and coffee, enjoy historic Florida architecture or shop at authentic antiques stores before taking a calming trip back in time at one of our many museums.

Exciting Retail

From brand-new and brand-name to quaint and handmade, Seminole County's shops can be found in both old downtowns and ultra-modern shopping hubs. A pack of friends on the prowl can relish both bargains and life's luxuries at the area's many retail outlets (such as the brand new Winter Springs Town Center or the Altamonte Mall). Then treat yourself at one of their countless spas such as Girls Day Out Beauty Bar & Boutique which ease away the strains of reality.

The Great Outdoors is Second Nature

And then there's the weather—fresh air and Florida sun means opportunities for group-friendly outdoor fun. Find yourself winding around a scenic bike trail, canoeing placid waters or teeing off at one of the area's impressive golf courses such as the Timacuan Golf and Country Club. For something totally different, try the airboat tours of Lake Jesup – the lake has more alligators than any other in the state and you can be there in minutes, not hours.

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From Parks to Palaces

It's the next best thing to the fountain of youth—theme parks, sparkling forests and attractions (such as the Central Florida Zoological Park) reconnect tired adults with inner children. From rock-climbing to go-karts to the magic of theme parks, childhood memories are easily reborn in Seminole County.

Just a short drive from all the major attractions of Central Florida, and within a 15-minute drive from Orlando, Seminole County offers great accommodations, fine dining, upscale shopping, superb golf courses, and state-of-the-art sports facilities and training complexes – nestled among charming historical villages. Surrounded by the beauty of natural Florida, Seminole County also offers the classic Florida experience of peaceful rivers, fishing, boating, hiking and more. For destination information call 1-800-800-7832 or 407-665-2900 or visit www.VisitSeminole.com.

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